

# What do I want?

Part 5 Discussion Guide

The Lifestyle of Jesus - Jan. 31, 2021

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## 1/3 - Looking Back

Start with prayer and/or worship (reading a Psalm, singing a song, giving thanks, etc.). Re-cast the vision (see example video at [www.jesusisthevision.com](http://www.jesusisthevision.com)), review obedience goals from the previous week, and ask how everybody is doing. Check-in question options:

- Up/In/Out – How are you doing in your three primary relational spheres? (Up: God. In: fellow believers and family. Out: unbelievers)
- Highs/Lows: What was your “high” and your “low” from the past week?

## 2/3 - Looking to Jesus in the Present

Explore these Scripture passages together: Matthew 11:28-30; 28:18-20

- As the facilitator, first read the passages aloud and invite the other members of the group to just listen and take note of what stands out to them. You may want to read these more than once.
- Discuss the question: “what do we learn from these passages about who God is and what He does?”
- Discuss the question: “what do we learn from these passages about who we are and what we do?”
- Alternative question: “what do we learn from these passages about the lifestyle of discipleship to Jesus?”

## 3/3 - Looking Forward

Ask Jesus how he wants you to respond (corporately and individually) to what you have heard and learned. You can also practice the following exercise:

- Sit quietly together in Jesus’ presence and ask yourself the question, “Do I really want to live a life of discipleship to Jesus, to the extent that I am willing to rearrange my lifestyle around that intention?” Pay special attention to whatever thoughts or feelings surface in your mind and heart, and remain open to however the Spirit may want to speak to you through them. When you are ready, ask Jesus if there is anything practical that you need to do to bring your lifestyle more into alignment with your desire to live as His disciple. After some time of listening and personal reflection, share your thoughts with one another as a group. End your time by praying together, asking Jesus for the strength you need to walk in obedience to Him!